



## **Family Resource Guide**

### **Hot Topics & Links**

[www.healthychildren.org](http://www.healthychildren.org)

[www.consciousdiscipline.com](http://www.consciousdiscipline.com)

Toilet Mastery: <https://consciousdiscipline.com/e-learning/podcasts/podcast-episode-79/>

Ages & Stages (how is my child doing??)

Biting

Bottle Weaning

Co-Sleeping

Nutrition (what to eat!)

Toilet Mastery: <https://consciousdiscipline.com/e-learning/podcasts/podcast-episode-79/>

Practical Pacifier Principles

### **Community Services/Counseling/Therapy Services**

Developmental Intervention:

Early Childhood Intervention (ECI), 361-980-9652

<https://www.hhs.texas.gov/services/disability/early-childhood-intervention-services>

“Early Childhood Intervention (ECI) is a statewide program within the Texas Health and Human Services Commission for families with children birth up to age 3, with developmental delays, disabilities or certain medical diagnoses that may impact development. ECI services support families as they learn how to help their children grow and learn.”

Direct and Consultation Music Therapy and Applied Behavior Analysis Services (for individuals with autism and other developmental disabilities):

Therapy Connections of South Texas, 361-815-2433

<http://www.therapyconnectionsofsouthtexas.com/index.html>

Family Counseling:

South Texas Children’s Home & Ministries, 361-991-8680

<https://www.stchm.org/>

Outreach, Food and Shelter:

Corpus Christi Metro Ministries, 361-887-0151

<http://ccmetro.org/>

The Purple Door, 361-881-8888

<https://purpledoortx.org/>

“The Purple Door is a 501(c)(3) nonprofit organization headquartered in Corpus Christi, Texas. Our agency provides FREE services to victims and survivors of family violence and sexual assault throughout a 12-county region of South Texas. We offer support and empowerment to individuals through a safe shelter, non-residential services/programs, and outreach.”

### **Marriage & Relationships Books**

Love & Respect, by Dr. Emerson Eggerichs

The Five Love Languages, by Gary Chapman

Battlefield of the Mind, by Joyce Meyer

Living in a Step Family Without Getting Stepped On, by Dr. Kevin Leman

Building Love Together in Blended Families, by Gary Chapman and Ron L. Deal

Healing Your Marriage When Trust is Broken, by Cindy Beall

Every Man's Battle, by Steve Arterburn and Fred Stoeker

Preparing Your Son for Every Man's Battle, by Steve Arterburn and Fred Stoeker

### **Parenting Links & Books**

Conscious Discipline: <https://consciousdiscipline.com/>

Dr. Kevin Leman: <https://birthorderguy.com/>

Focus on the Family: [www.focusonthefamily.com](http://www.focusonthefamily.com)

Captivating, by John & Staci Eldredge (girls/women)

How To Talk So Kids Will Listen & Listen So Kids Will Talk, by Adele Faber and Elaine Mazlish

Raising Your Spirited Child; A Guide For Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic, by Mary Sheedy Kurcinka

Setting Limits With Your Strong-Willed Child: Eliminating Conflict By Establishing CLEAR, Firm And Respectful Boundaries, by Robert J. Mackenzie

The Five Love Languages of Children, by Gary Chapman and Ross Campbell, M.D.

The Strong-Willed Child, by James C. Dobson

Unconditional Parenting: Moving From Rewards And Punishments To Love And Reason, by Alfie Kohn

Wild At Heart, John Eldredge (boys/men)

### **Finances**

Dave Ramsey - Financial Peace Today

<https://www.ramseysolutions.com/>