



Family Resource Guide

American Academy of Pediatrics

www.healthychildren.org

Ages & Stages (how is my child doing??)

Biting

Bottle Weaning

Co-Sleeping

Nutrition (what to eat!)

Potty Training

Practical Pacifier Principles

Community Services

Developmental Intervention:

Early Childhood Intervention (ECI), 361-980-9652

“Early Childhood Intervention (ECI) is a statewide program within the Texas Health and Human Services Commission for families with children birth up to age 3, with developmental delays, disabilities or certain medical diagnoses that may impact development. ECI services support families as they learn how to help their children grow and learn.”

Family Counseling:

South Texas Children’s Home & Ministries-361-991-8680

FREE Car Seats and Educational Services:

Driscoll Health System-361-694-6700

Outreach, Food and Shelter:

Corpus Christi Metro Ministries, 361-887-0151

“It is the mission of Corpus Christi Metro Ministries to help create a community that is free from hunger and homelessness by Feeding (the mind, body and spirit) Sheltering and Transforming Lives.”

The Purple Door, 361-881-8888

“The Purple Door is a 501(c)(3) nonprofit organization headquartered in Corpus Christi, Texas. Our agency provides FREE services to victims and survivors of family violence and sexual assault throughout a 12-county region of South Texas. We offer support and empowerment to individuals through a safe shelter, non-residential services/programs, and outreach.”

Family/Marriage/Relationships

Focus on the Family, www.focusonthefamily.com

Love & Respect, by Dr. Emerson Eggerichs

The Five Love Languages, by Gary Chapman

Battlefield of the Mind, by Joyce Meyer

Living in a Step Family Without Getting Stepped On, by Dr. Kevin Leman

Building Love Together in Blended Families, by Gary Chapman and Ron L. Deal

Healing Your Marriage When Trust is Broken, by Cindy Beall

Every Man's Battle, by Steve Arterburn and Fred Stoeker

Preparing Your Son for Every Man's Battle, by Steve Arterburn and Fred Stoeker

Parenting Books

Captivating, by John & Staci Eldredge (girls/women)

Wild At Heart, John Eldredge (boys/men)

Making Children Mind Without Losing Your Mind, by Dr. Kevin Leman

When Your Kid Is Hurting, by Dr. Kevin Leman

Have A New Kid By Friday, by Dr. Kevin Leman

Raising Your Spirited Child; A Guide For Parents Whose Child Is More Intense,
Sensitive, Perceptive, Persistent, and Energetic, by Mary Sheedy Kurcinka

The Strong-Willed Child, by James C. Dobson

Setting Limits With Your Strong-Willed Child: Eliminating Conflict By Establishing
CLEAR, Firm And Respectful Boundaries, by Robert J. Mackenzie

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program For
Parents of Two-to-Six Year Olds, by Rex Forehand and Nicholas Long

Unconditional Parenting: Moving From Rewards And Punishments To Love And
Reason, by Alfie Kohn

Say What You See for Parents and Teachers, by Sandra Blackard

How To Talk So Kids Will Listen & Listen So Kids Will Talk, by Adele Faber and
Elaine Mazlish

The Parent Survival Guide: From Chaos to Harmony in Ten Weeks or Less, by Theresa Kellam

Sharing Nature With Children, by Joseph Cornell

Nature and Young Children, by Ruth Wilson

Nature-Based Learning for Young Children: Anytime, Anywhere, On Any Budget, by
Julie Power sand Sheila Williams Ridge

The Five Love Languages of Children, by Gary Chapman and Ross Campbell, M.D.

Finances

Dave Ramsey - Financial Peace Today